

#### IMPERIAL PARK RECREATION CENTER 234 MATLAGE WAY, SUGAR LAND 77478

# TAI CHI CLASS

**MASTER** 

# Jason Leung

CHIEF INSTRUCTOR

### **USA TAI CHI ACADEMY**

- A non-profit organization promoting Tai Chi and Health Qi Gong exercises for health and wellness.

www. usataichiacademy.com

#### **WEDNESDAYS**

3-5:30 p.m.

Tai Chi & Health Qi Gong \$50 annual membership fee for class. Facility usage card required.

#### **FRIDAYS**

3-5 p.m.

Tai Chi Fan, Sword & Saber

